

Meeting other players



Reader note: while these stories have been developed to support all young people's participation in footy, we recommend that you speak with your child about the concepts and examples in a way that is relevant to your child.

Sometimes at NAB AFL Auskick, there are new players and people that I haven't met yet. Meeting new players and people can be hard if I don't know what to say. It's okay to feel nervous when I meet new people, lots of other people do too!



I can introduce myself by saying “Hi, my name is _____” when I meet a new player. Then, they will probably say “hi” back and tell me what their name is. Then, I will know their name.



I could also ask them other questions to get to know them better. For example, I could ask them which footy team they barrack for. Maybe we will barrack for the same team.



When I meet new people, I can give them a high-five, handshake or fist-bump to say hello. It can be fun to play footy and meet new people!





AllPlay Footy is a joint initiative by Monash University and the AFL. AllPlay Footy was founded at Deakin University in 2015 and has been part of Monash Education since 2021. The AllPlay Footy content and resources presented here have been developed with people with lived experience of disability, consultants from National Sporting Organisations for People with Disability, psychologists and researchers, and are brought to you with funding from a Department of Social Services Information, Linkages and Capacity Building: Social and Community Participation Stream (2020-2021) grant. We aim to use language that is respectful to everyone.

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