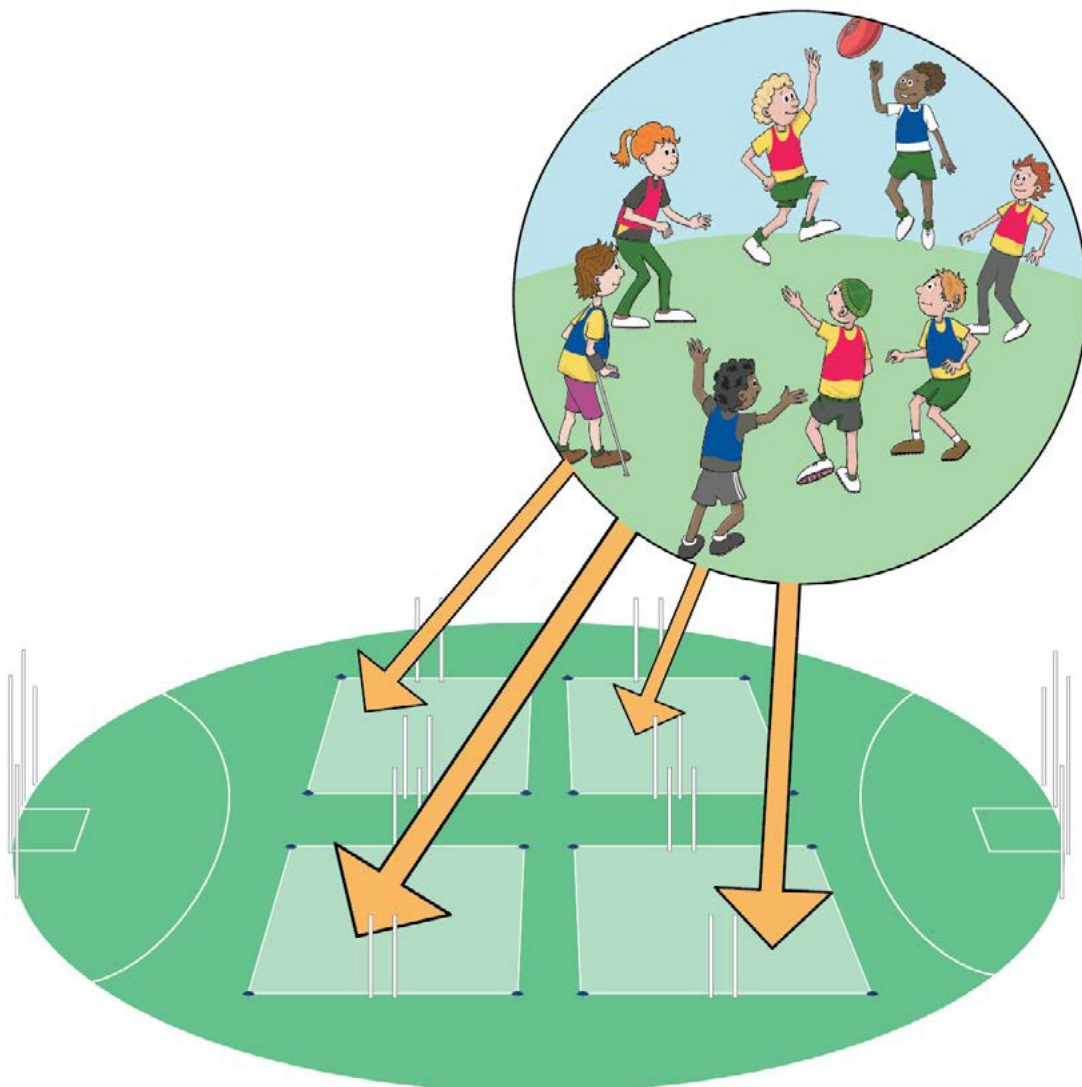


# NAB AFL Auskick mini match rules



***Reader note:** while these stories have been developed to support all young people's participation in footy, we recommend that you speak with your child about the concepts and examples in a way that is relevant to your child.*

Sometimes during an Auskick session, a footy game will be played. This game is called a mini match. The game has some easier rules than an AFL game, so that everyone can play safely and have fun. These are some of the rules.



## 1. Start of the Game and After a Goal

The umpire will throw the ball up (a ‘ball-up’) and a player from each team tries to tap the ball to their team. This happens at the start of the game, if the ball goes out of bounds, and after each goal.



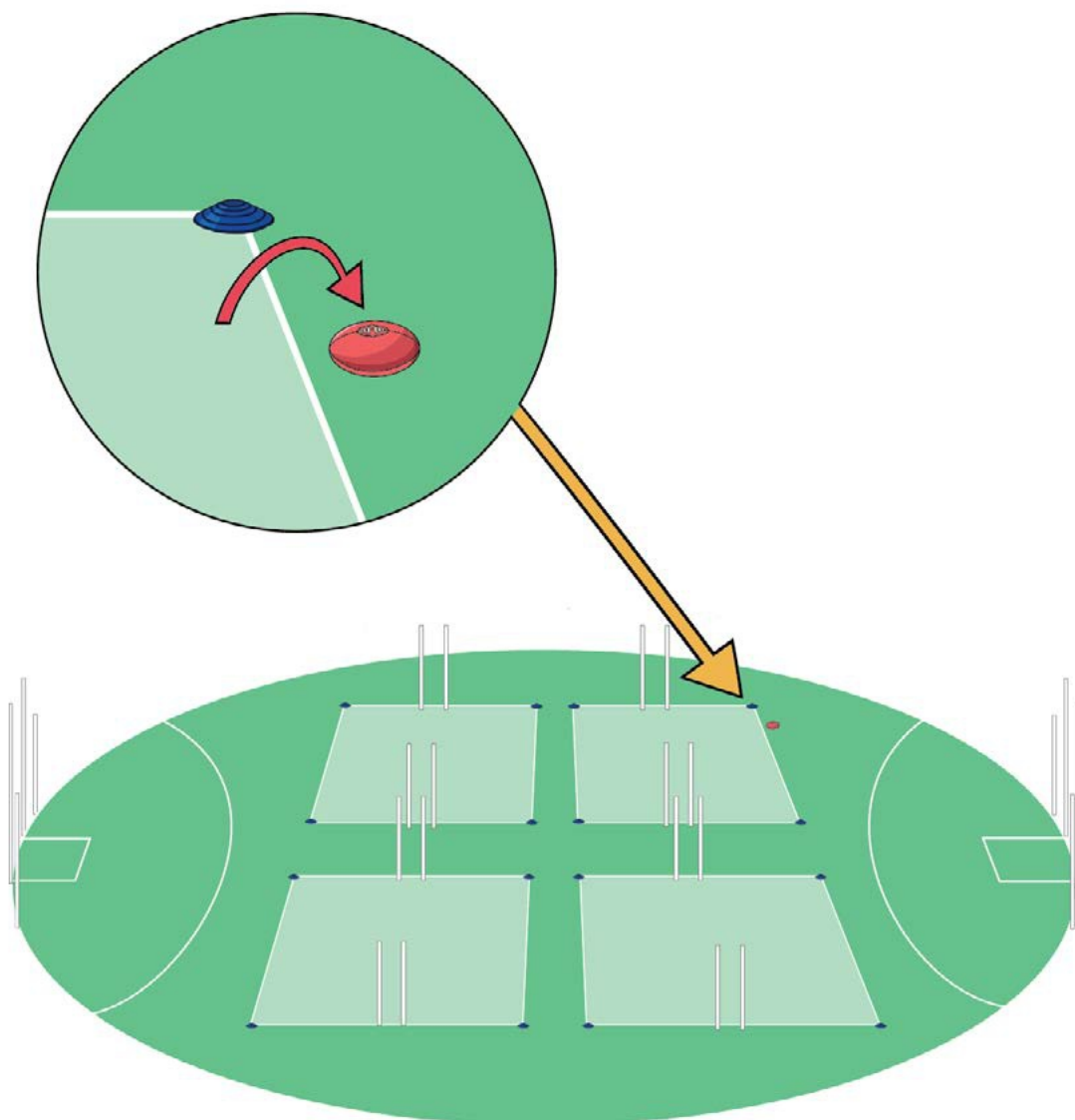
## 2. Ball-Up Contests

One player from each team is in the 'ball-up'. If you are chosen, you can't grab the ball and play on, you must tap or punch it to one of your teammates.



### 3. Out of Bounds

If the ball goes out of bounds on the full from a kick, the opposition will get to have a kick. If it is touched or rolls out of bounds, the umpire will do a ball-up.





## 4. Scrimmage

If there are a lot of players around the ball and no one can get it out, the umpire will do a ball-up.



## 5. Possession Rule

When you have the ball, your opponent can only block you by standing in your way. They cannot tackle or bump you.



## 6. Tackling

You are not allowed to tackle in Auskick.





## 7. Bumping

You are not allowed to bump or push other players in Auskick.



## 8. Stealing, Smothering and Diving

You are not allowed to steal the ball from your opponent, smother a kick or dive on the ball in Auskick.



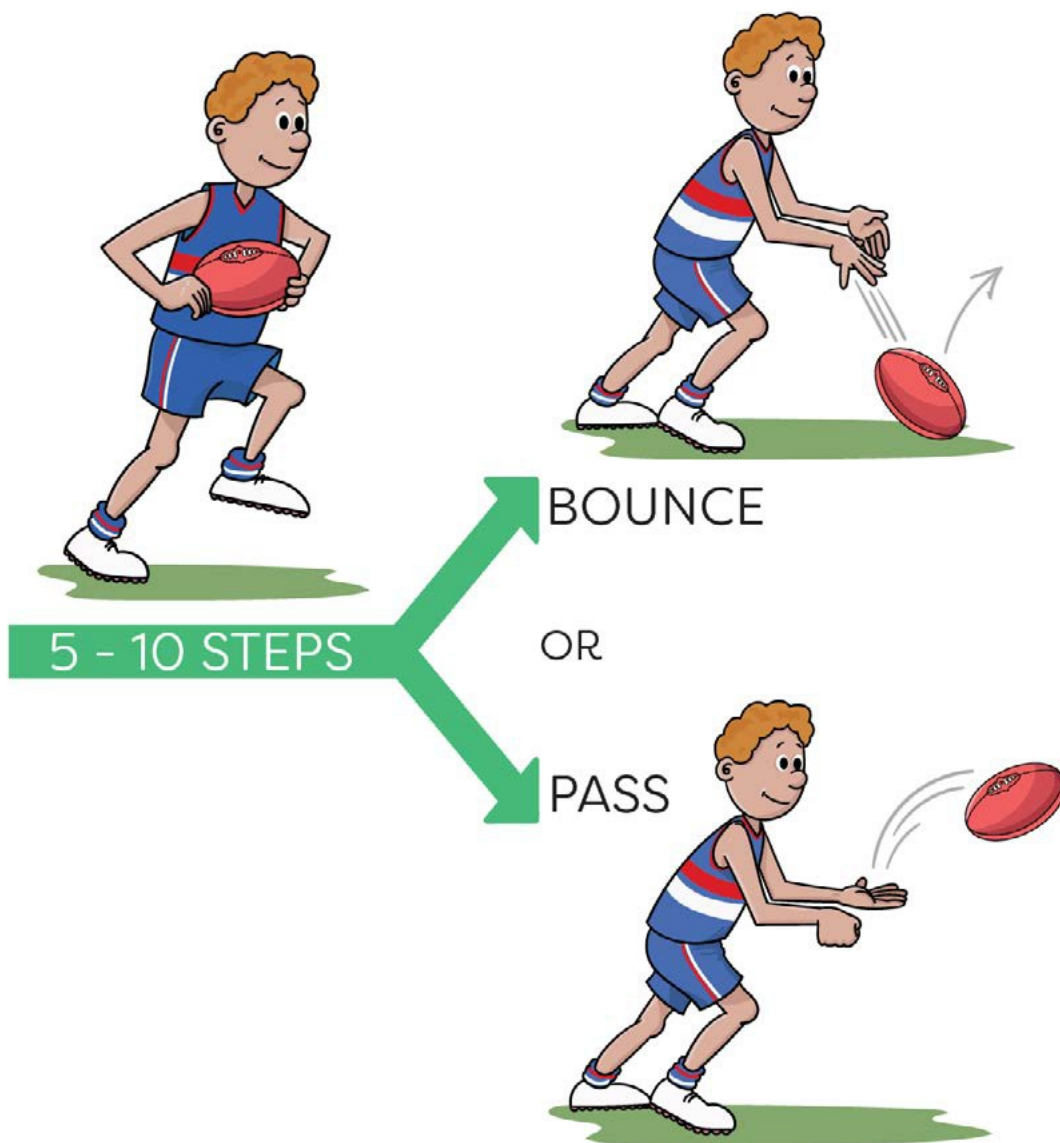
## 9. Playing On

If you mark the ball directly from a kick, you are allowed to keep running (play on).



## 10. Bouncing the Ball

If you have the ball, you should try to pass or bounce it after you have taken 5-10 steps (or about 5-10 seconds).



## 11. Kicking off the Ground

You are not allowed to kick the ball off the ground in Auskick.





These rules help everyone to play safely and have fun! If I'm not sure of a rule, I can ask the coach.





*AllPlay Footy is a joint initiative by Monash University and the AFL. AllPlay Footy was founded at Deakin University in 2015 and has been part of Monash Education since 2021. The AllPlay Footy content and resources presented here have been developed with people with lived experience of disability, consultants from National Sporting Organisations for People with Disability, psychologists and researchers, and are brought to you with funding from a Department of Social Services Information, Linkages and Capacity Building: Social and Community Participation Stream (2020-2021) grant. We aim to use language that is respectful to everyone.*

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